

Tellico Village Hiking Club



Bird Mountain At Frozen Head State Park

FRIDAY, October 9, 2020

Depart at 8AM from Lakeside Realty Parking Lot

This hike affords the opportunity to explore Frozen Head State Park and its wild terrain, close by in the Cumberland Mountains. In the Tennessee State Park system, Frozen Head is a gem. This is a loop hike starting on the Bird Mountain Trail and returning on the West Lookout Mountain Trail. Bird mountain trail joins the Cumberland trail before it passes Castle Rock. The return on West Lookout Mountain Trail is along an old roadbed and is steadily downhill. The hike begins and ends at the Frozenhead campground.



Hiking boots and hiking sticks are recommended.



Driving directions will be provided the morning of the hike.



Bring water, snack, and a trail lunch.

We will continue with Covid-19 protocol for September hikes

1. Social distancing of at least 6 feet is still in order on and off the trails.
2. We will not be setting up carpools. Each hiker should drive on their own or may go with another person that they know and feel comfortable with.
3. We will meet at Lakeside Realty parking lot for directions, take a vehicle count, but there is no need to get out of your vehicle and gather as we use to do.



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Distance:
8 miles

Rating:
moderate

Driving Time:
1 hr. 15 min.

Elevation Gain:
1600 feet

Leader:
George Zola
at 614-937-0767 or

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