



Volunteer to Lead a Muddy Boots Hike!

It's Easy!

- Select the month and trail you would like to lead and inform the Muddy Boots coordinators
- Pre-hike the trail ahead of time to confirm the details...driving directions, trail description, lunch plans, bathrooms location, etc.
- Lead the group on the day of the hike

Muddy Boots Coordinators:

Jeri Weems (email: jeri@hotmail.com, 313-657-4235)

Mark Steadham (email: mark@steadham.net, 815-483-9358)

Muddy Boots Hike Leader Duties



Thanks for volunteering to lead a Muddy Boots hike! Here is what is expected:

Before the hike:

- Pre-hike your hike at least two weeks prior to the planned date. Remember that the rain date for hikes is the 3rd Monday of the month, so you'll want to keep your calendar open in case your hike is postponed a week.
- Identify any issues that might cause us to change plans (i.e. trail conditions, etc)
- Provide or update a description of the hike including: distance, elevation change, rating, landmarks, scenery, trail options, type & numbers of bathrooms & locations, etc.
- Provide or update driving directions to reach the trail head. Put your cell number and at least one coordinator number on the directions. The coordinator can make copies one week in advance. Have copies of the directions on the day of the hike to provide to drivers.
- Identify lunch plans: if lunch will be on the trail, include that in the trail description, along with a suggested location on the trail to stop for lunch. If the hike will conclude in time to allow lunch at a local eatery, have lunch during your pre-hike and confirm the restaurant is suitable to handle 10-30 hikers on the day of the hike. If there is a large group 2 locations maybe required.

On the day of the hike:

- Be prepared to lead your hike on the 3rd Monday of the month in the event that the original hike date of the 2nd Monday of the month is a rain-out.
- Provide copies of driving directions.
- If eating at a local restaurant, call to remind them of arrival time and confirm a headcount.
- Determine the total number of hikers before leaving and upon returning to the trailhead.
- During the hike make sure to stop periodically to keep the group together, adjust the pace as needed.
- Designate a hiker to be the "sweep" to bring up the rear and make sure no one is left behind